

East Haddam



Events

www.eventsmagazines.com

Volume 4 • Quarter 4 • 2011



In this issue:
First Selectman's Corner
Forestry Management Plan
Our Schools - Up and Running
Business Updates
Senior News
and more!

MINIMALLY INVASIVE SURGERY AT MIDDLESEX HOSPITAL

SURGERY DOESN'T ALWAYS MEAN YOU HAVE TO SLOW DOWN.

The reason minimally invasive surgical procedures are so popular is simple. Patients want less pain, less recovery time and less scarring so they can get back to the activities they love most.

At the **Middlesex Hospital Center for Advanced Surgery**, our surgeons are experts in laparoscopic and robotic-assisted surgery in many specialties.

To see how you can benefit from minimally invasive surgery at Middlesex Hospital, call 800-548-2394.

 **MIDDLESEX HOSPITAL**
Center for Advanced Surgery

www.middlesexhospital.org



First Selectman's Corner

THANK YOU residents of East Haddam for the incredible response to our town's needs during Hurricane Irene. We are blessed with a skilled town ready to roll up its sleeves and do what ever it takes to help our citizens. We owe a big debt of gratitude to Emergency Management Director Craig Mansfield, assistant director Jiffy Spencer and the well trained Community Emergency Response Team (CERT) they lead. This trained team was in place and prepared. We had at least 100 volunteers throughout the week averaging 30 to 40 people per day. Many of our volunteers used their personal vacation time to stay and assist. The organizations were: Emergency Management volunteers, CERT members, Ambulance and Fire volunteers, Community Lions, Lions, the girls' soccer and volleyball teams, high school staff and students, concerned citizens, seniors and our town employees who all went way beyond the call of duty.

The challenges were many. We had radios and generators die but, no fear, our team had skilled members to fix them and a generator company in town "Norpro" ready to get us a reserve. Our team evaluated the situation and determined that there were trees down on 140 roads, wires down and many roads were blocked. We mobilized to call a State of Emergency and we immediately implemented our plan to provide meals for our citizens and supply the essential needs

of our town. To put our challenge in perspective, hurricane Irene was twice as bad in power outages compared to hurricane Gloria in 1985. In Connecticut 400,000 lost power in Hurricane Gloria, 830,000 lost power during Irene.



We quickly gathered a great deal of food from the Grist Mill, Village Pizza, donations from the Food Bank, Senior Center, Ragozzino Foods in Meriden, 7-11 and the School cafeteria. Once the food was stored in the generator powered freezers we set up our senior center as our base of help. We had just installed and tested a large new generator supplied to us by a grant on Friday.

We served an average of 200 to 500 residents EVERY meal, three meals per day from Monday thru Friday! We outgrew the Senior Center by Wednesday and our entire operation moved to the High School. About 3,500 people were fed throughout the storm. 1,400 residents took advantage of the high school locker room to take showers.

Continued on page 3

WILLIAM RAVEIS

— EXCEPTIONAL PROPERTIES —

INTEGRITY • SERVICE • EXPERIENCE

Embrace the Colors
of wonderful
East Haddam

List To Sell & Buy with Confidence

Jodi LaBella


William Raveis Real Estate
48 Main. St. • Middletown, CT 06457
Home: 860-873-1815
Cell: 860-301-2032
Email: jodilrealstate@hotmail.com



Chairman's
Elite Club
Top Producer

raveis.com

UNMATCHED VALUE ~ COME SEE FOR YOURSELF!




Unmatched Value in Senior Living is Closer Than You Think!

Gracious Retirement Living ~ Quality Assisted Care

- Colonial-style manor, nestled near the CT River
- Spacious apartments and extraordinary common areas
- A wide range of activities and social opportunities
- Dynamic team of professionals and caregivers

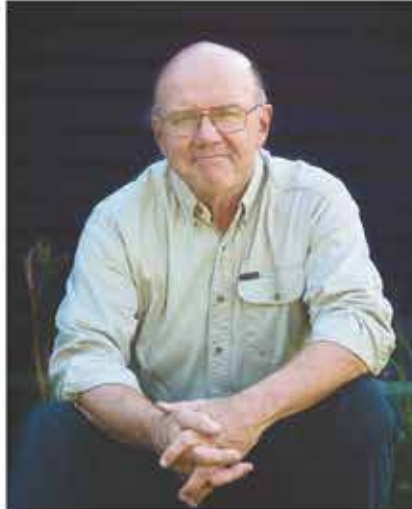
To learn about our very reasonable monthly rental fees, call **860-345-3779** today for a private tour.



An Assisted Living Retirement Community
1556 Saybrook Road, Haddam, CT

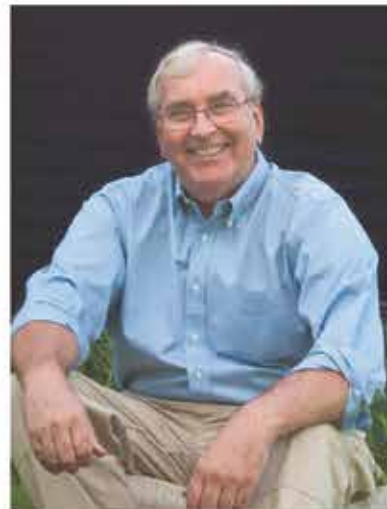
www.thesaybrookathaddam.com

FIRST SELECTMAN



ROB SMITH

SELECTMAN



JOHN BLASCHIK

For a *Better* East Haddam



VISIT OUR WEBSITE

<http://easthaddamdemocrats.org>

TREASURER — KATHLEEN KLINCK

TAX COLLECTOR — DEE HASULY

BOARD OF FINANCE

*MATT BUDZIK, BRUCE DUTCH
& HARVEY THOMAS*

BOARD OF EDUCATION

LAURIE ALT & KEVIN LEYLAND

PLANNING & ZONING COMMISSION

JIM CURTIN & JESSICA STONE (ALTERNATE)

BOARD OF ASSESSMENT APPEALS — JIM VIGUE

PAID FOR BY SMITH BLASCHIK 2011- GEORGE B GIBSEY, TREASURER & EAST HADDAM DEMOCRATIC TOWN COMMITTEE - JOEL R IDE, TREASURER

Selectman ... continued from page 1

In addition, thanks to Shagbark Lumber and Connecticut National Guard tractor trailer trucks, we were able to transport the FEMA MRE meals, water and ice to East Haddam for distribution to our residents. The Red Cross also came to our aid with



Serving food at the Senior Center

needed supplies and food. All of this would not be possible without the dedication of our selfless volunteers, of which there are too many to mention in these brief paragraphs.

After the storm, our biggest challenge was to clear the roads and make them safe. Our Public Works Department began clearing roads with fallen wires at 12:30 p.m. Sunday with Irene still blowing.

At the start of the clean-up, it was evident that CL&P was more focused on bringing back large population centers. To expedite assistance to East Haddam, Craig Mansfield worked diligently with the State Department of Emergency Management. In addition, I worked closely with Congressman Joe Courtney who facilitated access to the CL&P Vice President of Operations. These combined efforts generated more repair crews. We were able to meet face to face with the Northeast Utilities Transmission President Jim Muntz and show the severity of how hard East Haddam was hit. The number of crews multiplied daily after that! The destruction of major transmission components, the large quantity of downed trees and the size of our town all came together to make East Haddam one of CL&P's biggest challenges. In the aftermath of Irene, meetings are being set up to determine how we can improve communication protocols, align town priorities with CL&P priorities and tree road side management protocols to hasten the return of power to our town much quicker for future outages.

The generosity of this town is evident in the monetary donations and volunteer hours devoted to the safety and well being of every one of our citizens. We can all learn from this experience and be even more prepared for any future challenges.



Eric Smith, public works employee and Beth Lunt, public works administrator.

Yes, there were events other than the storm worth noting during the past few months!

This edition contains a very interesting article (pg. 22) on an economic mission taken to Vermont's Northeast Kingdom, by all three selectmen,

chairman of the board of finance and two members of our newly created agriculture committee. Our goal was to learn how agriculture is driving an economy and growing jobs in a local food movement and how we can implement these ideas here in our town. Agriculture and food processing is a large part of their economy. With a regional planning commission they were able to develop a three county planning region. The result is a food processing and distribution system that is local and



In Vermont - left to right, back row: Peter Govert, Selectman; Paul Maxwell, Board of Finance Chairman; Scott MacKinnon, Agriculture Commission; Emmett Lyman, Selectman; Mark Walter, Selectman. Front: Jessica Stone, Agriculture Commissioner, with son Mason.

supplied by many small local farms. The message from Vermont was that agriculture generates profits and jobs as long as it is done right.

Successful implementation requires a strong understanding of organizations and groups working together to carry out recommendations and governance for a regional food system. We walked away very motivated knowing that many of these ingredients are already here in East Haddam. We have the land, the Vo-Ag and Vo-Tech curriculums in our High School and the committees are in place. Next, our challenge is to tap into the growing desire of people to reconnect with the food they eat and a supportive regional system to help small and medium businesses to develop.

Lastly, in a time where the credit rating of the Federal Government was down-graded, East Haddam's credit rating remains outstanding and was actually upgraded in the past few years. This is due to our strong financial reserves, as well as our strong fiscal and budget management. The result is that our expenses for running town government have gone down over the past few years! Yes, you read that correctly, our town is spending less than it was just a few years ago. We have done this while increasing our investment in education and our children, maintaining public safety and continued improvement to our town's infrastructure.

I am always amazed at the generosity of our residents who donate their time, expecting nothing in return, with their sole motivation to helping others and making East Haddam a great place to live and raise our children!

I am so proud and honored to be East Haddam's First Selectman!

- Mark B. Walter, First Selectman

November 8 - Municipal Election

Below are the candidates for the upcoming municipal election. Voting will occur in the gymnasium at the Nathan Hale Ray High School between the hours of 6:00 a.m. and 8:00 p.m. Absentee ballots are available, please contact the Town Clerk's Office at 860-873-5027 or at townclerk@easthaddam.org.

Position	Democratic Candidate	Republican Candidate
First Selectman	Rob Smith	Mark B. Walter
Selectmen	John Blaschik	Emmett J. Lyman, III
Town Clerk		Debra H. Denette
Town Treasurer	Kathleen A. Klinck	
Tax Collector	Dee Hasuly	Denise L. Dill
Board of Finance*	Bruce M. Dutch Matthew J. Budzik Harvey W. Thomas, Jr.	Susan C. Link
Board of Education*	Laurie Alt Kevin Leyland	Tracey F. Gionta William J. Barney
Board of Assessment Appeals	Jim Vigue	Justin L. Kennedy
Planning & Zoning Commission	James M. Curtin	Louis Salicrup
Planning & Zoning Commission Alternate	Jessica M. Stone	Ed Gubbins, Jr.
Library Trustees*	Patrice Veselak William Denny John Bielot Celina Nelan Barbara Kiley Louise Pear	Patrice Veselak William Denny John Bielot Celina Nelan Barbara Kiley Louise Pear

*Where two or more candidates are to be elected to the same office, the ballot order shall be determined by lottery. Said lottery is conducted by the Registrar of Voters and had not occurred prior to the publishing deadline.

Absentee Ballots

ABSENTEE BALLOTS

For Municipal Election Available October 7, 2011

An elector may vote by absentee ballot due to:

- (1) the elector's absence from their town for all of the hours of voting;
- (2) illness or physical disability;
- (3) active service in the US armed forces;
- (4) religious tenets forbid secular activity on Election Day; or
- (5) service as a polling place official in a town other than their own.

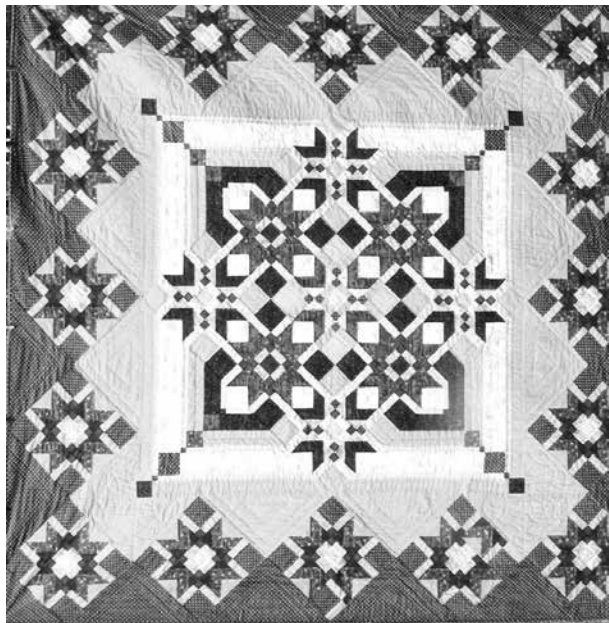
Beginning October 7th, absentee ballots are available from the Office of the Town Clerk for the November 8th Municipal Election. Absentee balloting is a two step process. The bal-

lot may not be issued until an application for the ballot has been received. Applications may be filed in advance of the ballot becoming available.

To obtain the application for an absentee ballot, call 860-873-5027 or come into the Town Clerk's Office. Forms may also be downloaded from the town's website www.easthaddam.org (see elections under Town Clerk) or www.sots.ct.gov (click on elections & voting, voter resources, absentee ballot and procedures, application for ballot). The absentee ballot application with an original signature must be on file in order for a ballot to be counted.

- Deb Denette, East Haddam Town Clerk

First Church to Host Quilt Show



The First Church of Christ Congregational, East Haddam, will host its 16th Annual Quilt Show October 8 and 9, featuring handmade quilts by more than 100 exhibitors, some of which will be for sale.

The show is open from 10 a.m. to 5 p.m. on Saturday and from 1 p.m. to 5 p.m. on Sunday at the church, 499 Town Street, in East Haddam. Admission is \$5.

In addition to the show, there will be a craft and quilt-supply boutique and a raffle of a "Sedona thru the Pines" quilt, designed and handcrafted by women of First Church. Home-made soups, desserts and beverages will be sold throughout the day. All proceeds benefit First Church.

The quilt show draws hundreds of visitors to First Church and its 1794 meeting house, designed by famed architect Lavius Filmore. The light-filled sanctuary, with its flying pulpit, blown-glass panes and star-spangled, domed ceiling show off the colorful quilts to stunning advantage.

Betty Haines, co-chairman of the event, said "There is a lot of talent on display and every year the show is different. It takes a lot of work to put on, but we have people across New England who look forward to our show every year." The quilt show is one of the church's most popular fundraisers.

Visit with Santa

The East Haddam Volunteer Fire Department will hold the annual children's Christmas party on Sunday, December 11 from 12:30 to 2:00 p.m. at the Company #1 Firehouse, 440 Town Street. The event is open to all East Haddam residents age infant up to and including age 8. Santa will have presents for the children and refreshments will be served.



New Image Salon *A Unisex Salon*

Hair / Hair Color is our Specialty
Manicures

Full Line of Mineral Makeup
Pedicures • Waxing

Walk-Ins Welcome

25 Falls Road
Moodus, CT 06469
860.873.3494

Tuesday, Wednesday, Thursday 9am - 7pm
Friday 9am - 5pm Saturday 8am - 1pm

Check out our website: www.newimagesalon.org

COLDWELL BANKER RESIDENTIAL BROKERAGE SINCE 1906



DEE HASULY, Realtor

Cell:
860-214-1864

Email:
Dee.Hasuly@cbmoves.com

Website:
www.deehasuly.com
3 Main Street
Essex, CT 06246

**Top Producing Sales Executive
Consistently for the past 8 years.**

But more importantly...

A Lifetime Resident of East Haddam



Owned and Operated
by NRT LLC



***Positive, Professional Results
for all your Real Estate Needs.
Representing Buyers & Sellers***

Update from the Tax Collector's Office

I am pleased to report that the Tax Office ended fiscal year June 30, 2011 with a collection rate of 99.04%. If you owe delinquent taxes please call the Tax Office immediately to figure out a payment arrangement.

Please remember, due on January 1, 2012, is the second installment of Real Estate and Personal Property tax bills that were mailed out in July 2011. No second bill will be sent on these accounts. If you are a new owner of real estate property and need a copy of your tax bill, please contact the Tax Collector. Payments may be made in person at the Town Office Building, by mail to: Tax Collector, P. O. Box 376, East Haddam, CT 06423-0376 or on-line at www.easthaddam.org and click on the link "Pay Taxes". There is a fee associated with on-line

payments which goes to the processing company, Point & Pay for their service. A secure lockbox is located in the front hallway for payments dropped off after normal business hours. Anyone wishing a receipt must include a stamped, self-addressed envelope with his or her payment.

This office is for the collection of taxes only. Any adjustments to your bill must be made by the Assessor. The Assessor's Office can be reached at 860-873-5026 or by email at assessor041@easthaddam.org.

The Tax Office can be reached at 860-873-5033 or taxcollector@easthaddam.org.

- Denise Dill, Tax Collector

A Note from the Assessor

All persons having taxable personal property to declare such as: unregistered motor vehicles, horses and ponies, farm equipment, or any furniture, fixtures, and equipment used in the operation of a business, must do so by November 1, 2011. Declaration forms are available at the Assessor's Office; however, they will also be mailed to all businesses and residents who have declared property in the past. Please

be aware if you have taxable personal property, and do not declare it, State Statutes allow the Assessor to add it at an estimated amount, plus a 25% penalty.

Applications for Farm, Forest and Open Space will be accepted from September 1 until October 31, 2011. Forms are available at the Assessor's Office, or online at the town website.

Any persons who acquired a new motor vehicle after October 1, 2010 will receive a supplemental motor vehicle bill for their new vehicle by January 2012. These bills will be prorated, based on the date of registration, for the 12-month period starting October 2010 and ending September 2011. Vehicles acquired in August or September do not receive supplemental tax bills.

New Veterans seeking exemption must record their honorable discharge papers with the Town Clerk by October 1. Active-duty military who have served 90 days or more may also be eligible for an exemption, and are encouraged to contact the Assessor's Office prior to October 1 for more details. Call the Assessor's Office at 873-5026 if you have any questions.

Moodus Package Store



23 Falls Road
Moodus, CT

**MIX & MATCH WINE
AND GET 10% OFF
FULL CASE QUANTITIES**

Let one of our friendly
and knowledgeable staff
members help you.

Check out our large selection
of wine and beer. Ask about our ever
popular Wine Society.

HOURS: Monday thru Saturday ~ 8:30 a.m. until 8:00 p.m.

860-873-8577

"An Ever Changing Wine List"

The next
Events Deadline
is
December 20

Forestry Management Plan for Nichols Field



Over the past several years the Conservation Commission has considered how to best steward our town-owned open space. We have learned about well-established forestry management principles and practices that can help us promote the diversity of plant and

animal life (biodiversity), protect woodlands from harm, and enhance opportunities for public enjoyment. Selective timber harvesting is one such approach. Just as we need to weed our home gardens, we similarly need to tend our town woodlands. By selectively removing trees in the woodland, tree disease is reduced, variety and growth of tree types enhanced, and hiking trail access and safety improved. All of this can be accomplished at no cost because the harvested timber can be sold.

Consistent with our conservation goals and accepted best practice recommendations in forestry management, the Conservation Commission has retained the services of certified foresters to identify the most suitable town-owned parcel and select trees to be harvested. Through the dedicated work of the Forestry Management Subcommittee, made up of Todd Gelston, Sue Merrow and TJ Tarbox, selective timber will be harvested to enhance the woodlands at Nichols Field this fall. (You may recall new walking trails were blazed at Nichols Field this spring.) The timber harvested from this project will be sold to cover all project costs and provide funds for future stewardship activities. A fact sheet describing the details of the project can be obtained in the land use office. For further information contact Todd Gelston, Chair, Forestry Management Subcommittee at 860-873-8221 or tgelston@comcast.net. To learn more about Forestry Management principles and practices see Connecticut Forest Resource Assessment and Strategy 2010, which can be obtained from Connecticut Department of Environmental Protection website at: http://www.ct.gov/dep/lib/dep/forestry/assessment_and_strategy/assessment_strategy.pdf.

Transfer Station Amnesty Day

October 22nd is designated as amnesty day at the Transfer Station for oversized furniture (2 pieces maximum per household) and tires (4 tires maximum per household). There will be no charge for disposal. Demolition and construction material will NOT be included under Amnesty Day. As a result of new electronic recycling regulations electronics are collected throughout the year free of charge.



A versatile music production studio featuring award-winning and Grammy®-nominated work.

- Composition, arrangement & music production for TV, Film & Theatre • Band CD Recording • Solo Projects
- Voiceovers • Demos

Riverway Recording Studio, LLC

860.873.3404

www.riverwaystudio.com

email: ira@riverwaystudio.com

Hours by Appointment Only

NATHAN HALE PHARMACY

Located in Nathan Hale Plaza, Moodus

**"AN INDEPENDENT FULL-SERVICE
PHARMACY CARING FOR THE
COMMUNITY WE SERVE"**

We offer over 450 generic drugs at \$10.99
for a 90-day supply.

EASY prescription transfers.

Complete Home Care Department..
Personal Care Items..School Supplies..
Cards & Gifts..Housewares..Balloons..
Digital Photo Kiosk Center..
Copy Machine & FAX Services Available

Monday - Friday 9:00am - 8:30pm

Saturday 9:00am - 6:00pm

Sunday 9:00am - 1:00pm

Visit us at www.nathanhalepharmacy.com

PH: 860 873 1481 FAX: 860 873 2490

Events

MAGAZINES



East Haddam Events

EAST HADDAM TOWN HALL
7 Main Street, P.O. Box K
East Haddam, CT 06423

PUBLISHER

Essex Printing Company

18 Industrial Park Road, PO Box 386
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
essexprinting.com

Publisher & Editor

David V. Winstead, Ph.D.
dwinstead@eventsmagazines.com

Director of Advertising

Diane Brown dbrown@eventsmagazines.com 860-383-6376
Advertising Sales in East Haddam, Essex, Old Lyme & Old Saybrook

Advertising Sales

Ward Feirer wfeirer@gmail.com 914-806-5500
Advertising Sales in Chester, Clinton, Haddam, Madison & Westbrook

Art Director/ Designer

Kathy Alsop kathy.events@comcast.net 860-391-4372

Magazine Layout

Amy Bransfield

Proofreader

Michele Dickey

Motor Sports Editor

Dana Hill

Video & Games Editors

Tom & Liz Pester

Music Editor

Wayne D'Amico

Cover Photo

Machimoodus State Park by AC Proctor

eventsmagazines.com

83,000 READERS
9 TOWNS
EVERY QUARTER

No reproduction of this newsletter allowed without the
express written consent of the publisher.
Not responsible for omissions or typographical errors.

East Haddam Schools Up and Running

New Faces: Despite the challenges posed by storm Irene in late August, our schools are up and running smoothly. This year brings many new faces and new initiatives to the district. We welcome the following new staff to our schools:

Darcie Doyon - 5th Grade Math
Lauren Kallinen - 5th Grade Language Arts
Cynthia Daley - Math Consultant
Nancy Richards - Reading Interventionist
Frances Tillona - .4 FTE Math Interventionist
Lawrence Wentworth - P/T Custodian
Penny Markham - P/T Custodian-20 hr/week
Melissa Torrente - Remedial Reading Facilitator
Deborah Batt - Art
Meg Dedman - .6 FTE English
Laura Truncali - Guidance Counselor
David Humiston - .4 Tech Ed

Technology in the Schools: Technology and its applications to teaching and learning is the focus area for all of us this year. Teachers will be developing hands-on project-based learning opportunities for students in grades K-12 that fully integrate technology into the learning process. At East Haddam Elementary School, teachers have already begun using the new Smartboards installed into their classrooms as a means of promoting vivid displays and direct manipulation of materials with students. Students can now go directly to the board to move information (correcting a grammatical error in a sentence), to change the way it looks (enlarge it, change colors, add graphics, etc.), or even to transfer teacher or student work from one computer to a whole-class display.

The middle school staff members are developing common formative and summative assessments that can be administered at any time to students through the use of laptop computers. In addition, these tech-based assessments can be tallied and the results made available much faster than those on paper.

High School students have already experienced technology as a primary means for completing college and work applications, transmitting written work to colleagues and to their teachers, and using technology in creative ways (team-building, organizing, etc.) that will further their post-high school careers.

We invite you to come and visit our schools at anytime to experience all of the exciting hands-on technology learning as well as the excellent student activities, concerts, and sports programs that take place throughout the year.

As always, I thank you for your continued support of our schools.

- Ellen W. Solek, Superintendent

Clothing Bank Re-opened

The Clothing Bank is re-opened at First Church of Christ, Congregational. It will be open only on Tuesday afternoons from 2:30 to 5:30 p.m. It is now located at The First Church of Christ, Congregational, 499 Town Street in East Haddam. Please follow our signs to the back parking lot and entrance which is accessed from Orchard Road. Clothing is available to East Haddam residents at no cost.

We greatly appreciate the use of the space donated by the church and ask that donations be dropped off only during the hours we are open. We do not want clothes left at the door or in other areas of the church when the clothing bank is closed. Occasionally, other arrangements can be made by calling (860) 873-1338 between 10 a.m. and 6 p.m. to schedule a drop-off time with one of the clothing bank volunteers.

At this time, we can accept only fall clothing that is clean and in excellent condition. We do not have space for off-season clothing and we do not have the resources to clean or repair clothing that is in poor condition. We will begin accepting winter clothing at the end of October.

Thank you for your continuing support ... see you at the Clothing Bank!

Be a Friend

Our goal is to make sure that East Haddam Free Public Library has the funds, the materials, and the support it needs. If you want to help your community, please join us the 1st Tuesday of every month at 6:00. For more details or volunteer opportunities, call the library at (860) 873-8248 or go to www.ehfpl.blogspot.com.

Support Your Friendly Neighborhood Library by winning great prizes!

Stop by anytime from October 3 – November 21 and take part in the Friends of EHFPL's Annual Double Auction. Be the highest bidder and win some high quality prizes in the Silent Auction or buy tickets in the Chance Auction to enter and win any of our many prize drawings. Best of all, proceeds benefit the East Haddam Library. With a certain December holiday right around the corner, the Double Auction is your chance to save money, win gifts, and support your local library.

Thank You - The Friends would like to thank the local businesses who donated to the double auction, and to all the wonderful patrons who donated in our annual mailing. Thanks for making East Haddam a better place, and thanks to all of you who are planning on making your donation shortly.



Little Noises Daycare & Preschool

We are committed to providing our children with a safe, loving, caring environment.

We emphasize self-worth, and strive to create a positive image.

We work with your child to develop his/her social skills, creativity and independence.

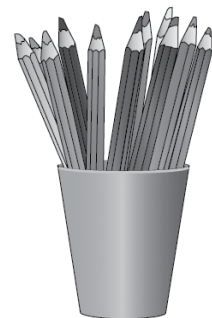
- Full Time Care • Preschool Program
- Infant /Toddler • School-age Programs
- Summer Programs • Outdoor Playzone
- Art • Music • Computers • Structured Classrooms
- High Quality Staffing • State Approved Curriculum
- Competitive Rates • Introduction to Spanish

First Aid & CPR Certified

Monday - Friday 6:30 a.m. to 6:00 p.m.

Ages:
6 weeks
to
12 years

Lic. #16168



41 William F. Palmer Road, Moodus, CT
www.littlenoisesdaycare.com

860-873-9848



Haddam Foot Care Specialists



Stuart L. Jablon, D.P.M.
Podiatrist • Foot Specialist
Board Certified

“MEDICARE ASSIGNMENT ACCEPTED”

Complete Medical & Surgical Treatment of the Foot

- Sports Medicine
- Geriatric Foot Care
- Diabetic Foot Care
- Arthritic Feet
- Skin Conditions
- Flat Feet
- Heel Pain
- Wound Care
- Fracture/Dislocations
- Sprains/Strains
- Bunions
- Hammertoes
- Infections
- Fungus Nails
- Plantars Warts
- Plantar Fasciitis

House Calls Available For Senior Citizens!

By Appointment Only

1606 Saybrook Road (Tylerville), Haddam, CT 06438

860-345-3674

Office Hours: Tues. 1:30 - 6:00; Friday 9:00 - 5:00

Business Updates

The East Haddam Economic Development Commission (EDC) is pleased to announce the following relocations and business expansions:

Fellner Associates Architects, a full-service architectural firm, has moved from their previous location in Higganum, Connecticut, to 4 Norwich Road (Route 82) in East Haddam Village. The company, founded in 1987 as a home-based business in East Haddam on Creamery Road, is involved with new projects, adaptive reuse, historical renovations and expansions. Principal George Fellner, an East Haddam resident for 24 years, has designed many local buildings, including the East Haddam Senior Center, Shagbark expansion and Saint Clements Castle Banquet and Conference facility. The majority of the projects involve the use of green materials, sustainable design, that are resource and energy efficient. Office hours are Monday through Friday, 8:30 a.m. to 5:30 p.m., or for more information contact them at 860-873-8230 or www.fellnerarchitects.com.

J.H. & C.S. Odell, Pipe Organ Builders, the oldest family owned and operated organ building firm in America, has moved from its previous location in East Hampton, Connecticut, to the Old Lumberyard Plaza across from the Moodus Post Office. The 152 year old company specializes in the construction of finely crafted new pipe organs for worship, as well as restoration and service of pipe organs throughout the northeast, including many notable New York City religious edifices. Owner Edward Odell is the great-great grandson of Caleb Sherwood Odell (one of the founders of the firm) and has been a Moodus resident for the past four years. Edward is the current Chairman of the East Haddam Economic Development Commission and he and his wife Susan are active members at St. Stephen's Church. He is pleased to bring his unique, historic business to his hometown. More information about the company, staff and shop may be found on their website: odellorgans.com. Scheduled visits are welcome by calling 860-365-8233.

mp impressions, has moved their retail shop a few doors down in Moodus' Old Lumberyard Plaza to accommodate an expanded inventory of gifts for all ages, jewelry, toys and puzzles, casual clothing from infants to adults, and personalized items. Customization services have grown from embroidery and screen printing to also include engraving and direct-to-garment printing. Design-it-yourself tee shirts and engraving will be available and a special event room will offer a variety of “capture your creativity” activities during the year. Hours are Monday through Friday, 10:00 a.m. - 6:00 p.m. and Saturday 9:00 a.m. - 3:00 p.m., with additional hours during the December holiday season. Many items available online at www.mpimpressions.com. Contact owner, Pam Arabas for more information 860-873-1797.

Please visit the Business Directory on the homepage of the

Shunyata Healing Center, llc

“A Place Where the Mind, Body & Spirit Become One”

**Relaxation, Therapeutic, Pregnancy, Swedish &
Hawaiian Mana Lomi Massage**

\$35 1/2 hr • \$50 3/4 hr • \$60 1 hr • \$90 1 1/2 hr

Deep Tissue Massage

\$40 1/2 hr • \$60 3/4 hr • \$70 1 hr • \$110 1 1/2 hr

Cranial Sacral Therapy

\$35 1/2 hr • \$50 3/4 hr • \$60 1 hr • \$90 1 1/2 hr

Reflexology

\$35 1/2 hr • \$50 3/4 hr • \$60 1 hr

Call Barbara Gaudio, LMT, CH

860.526.1111

Gift Certificates Available

Mt. Parnassus Rd., East Haddam, CT 06423

For a Complete List of Services, Newsletter and More, Visit

www.HealAtShunyata.com

Continued on next page

Registrars of Voters

What is a "Canvass" anyway?... Often in our news reports the Registrars talk about completing or conducting the town wide voter "Canvass". By Connecticut State Law Section 9-32 and 9-35, and Secretary of State regulations, towns may update their voter lists by sending letters to verify change of addresses, to any voter who appears on a U.S. Postal list showing residents who have moved within or out of town.

In the past, Registrars would send a letter to, or call, every registered voter to assure their information was current. However, as towns grew, this became impractical and the Secretary of State mandated that data from the U. S. Postal Service could be used instead.

Voter lists are also updated when the Town Clerk or the Registrars receive official death notices. Because many citizens are in nursing homes out of town, when they pass away, their death notices are not always received by the local municipality. Also, name changes, and student moves, sometimes result in inaccurate lists.

Registrars can accept verified information from local citizens regarding changes in voter list eligibility. So, if you ever have a reason to think a list may be in error, please help the Registrars by providing them with as much documentation or information as possible. They will verify and then update the lists.

Business Updates ... continued from previous page

municipal website www.easthaddam.org for a complete listing of East Haddam businesses. Also, check the Community Calendar section for upcoming events at local businesses.

Contact the EDC at mrcdm@snet.net or P.O. Box K, East Haddam, to have your business listed here. Businesses, please ask us about our drawing for a FREE ad in the next *East Haddam Events Magazine* or listing on one of the Directory signboards.

Upcoming Events! Be sure to vote on November 8, anytime from 6 a.m. to 8 p.m. at the Nathan Hale-Ray High School gymnasium on School Drive. East Haddam will be holding Municipal Elections at that time.

Also, please take note, that the **Presidential Primary date is April 24, 2012**, and will also be held at the High School gym. If you are registered with a political party, but wish to vote in the primary of a different party, you must change party designation at least 3 months before the primary, in order to vote in the new party. If you are unaffiliated, you may register with a party up to 14 days prior to the primary.

Be sure to register to vote, if you have not already done so. You may get registration forms online at the Connecticut Secretary of State web site, ct.gov/sots, at the local Town Clerk's Office, at a Connecticut Department of Motor Vehicle Office, or at the Registrar's Office. You may call our office at 860-873-5029 and we will be happy to send you a form.

We want to see you at the polls!

- Registrars of Voters, Laurie Alt and Harriet Cummings

The MOMs Club

The MOMs Club of Moodus (also including Haddam and East Haddam) is hosting an open house at 10 a.m. at Nichols Field in Moodus on Tuesday, October 11.

Come and get to know the MOMs Club and see that it offers a variety of activities for at-home mothers and their children. For more information, please contact Betsy Havican at (860) 873-2341 or Havican4@comcast.net.



PETER H. CHARBONNIER

860.526.1780

ESQ, LLC

97 MAIN ST. • CHESTER

I look forward to addressing your concerns in the following areas of law...

REAL ESTATE Refinance • Purchase • Sale • Reverse Mortgage • Landlord/Tenant

SMALL BUSINESS Formation • Consulting • Purchase • Sale • Corporation • LLC

WILLS & TRUSTS Probate Administration • Living Wills • Estate Planning

DEBT WORKOUT Short Sale • Foreclosure Avoidance • IRS negotiations

phcatty@aol.com • SERVING THE COMMUNITY SINCE 1992 • www.lawforlocals.com

East Haddam Early Childhood Council



The East Haddam Early Childhood Council's popular programs will begin again in September. The Center will be offering free playgroups on Fridays and Music with Margie on Thursdays. Little Language Learners will be starting again in October. Also watch for more information on our ongoing parent series and support groups. Go to www.ehyfs.org or email us at cpraisner@prodigy.net for more details or to register for programs. If you have young children and are not already on our email distribution list, please email Cindy or go to <http://www.ehyfs.org>

[/Early_Childhood_Council.html](#) to get connected!

Become involved! The East Haddam Early Childhood Council operates in collaboration with the East Haddam Public Schools, the Town of East Haddam, East Haddam Youth and Family Services, and other partner organizations, early education providers and community members. Volunteers are a critical part of the Council's work and our future success. If you are interested in participating on the decision making Core Council or working to make things happen through a Project Team, please contact us!

The Council is primarily funded through a grant from Middlesex United Way and the Corinne Levin Education Fund.

East Haddam Historical Society

Events:

Wednesday, October 12th, 7:30 p.m. - "Caring for Antique Finishes," a presentation by Peter Gedrys.

Wednesday, November 9th, 7:30 p.m. - "Mysteries of East Haddam," Dr. Karl Stofko's 21st annual lecture.

Wednesday, December 14th, 6:00 p.m. - "Annual

Christmas Potluck Supper," food, silent auction, donation bar. This is a highlight of East Haddam's holiday season.



The Hadlyme North School educated students grades 1-8 from 1794-1933. It is the prototype for all one-room schoolhouses and is now an active historical society. Children who went there eventually attended Lyme Consolidated or the now empty brick school on Plains Road in Moodus.

Events are at the Museum on Town Street, open to everyone, and suitable for all ages.

The Museum re-opens Memorial Day, 2012, but remains open by appointment at 860-873-3944 or museum@easthaddamhistory.org. Check "East Haddam Historical Society Museum" on Facebook for ongoing information. The Board of Directors thanks all the volunteers and guests who made 2011 memorable. Volunteer photographers, designers, techies, painters, artists, etc., are needed to re-organize the exhibits.

Call Charlie Farrow at 860-873-9885 if you can help.

EAST HADDAM BOOTCAMP FITNESS is looking for NEW RECRUITS!

This is a Total Body Cross-Training Program

The classes are varied and offer an opportunity to challenge yourself in new ways.



Basic and Advanced Classes Offered

Personal & Special Event Cross Training Available

For details call 773-343-4355
or go to www.bootcampct.org

East Haddam Trail Guide



The East Haddam Conservation Commission is pleased to present a second edition to the East Haddam Trail guide first published in 2003. This edition includes walking trails in fifteen preserves and five boat launches. In addition to town-owned open

space parcels, the guide features preserves owned by the East Haddam Land Trust, The Nature Conservancy, Connecticut Audubon Society and the State of Connecticut. We are proud of our town's plentiful resources and encourage you to experience them first hand!

Claire Maeder and Cynthia Matthew of the Conservation Commission collaborated with Rob Smith and Shannon Goyette of East Haddam Land Trust and Jim Ventres, Land Use administrator, to update and design the new version. Local artist, Carrie Capizzano, created the Conservation Commission logo for this edition. MAIL-A-MAP Street Maps, a division of Harbor Publications, Inc. in Madison Connecticut donated the location map. Conservation Commission member, TJ Tarbox, crafted handsome wood display boxes for public distribution.

Copies can be obtained from the Town Office Building, East Haddam and Rathbun libraries and participating retail establishments in East Haddam. A modest donation is requested to cover publishing costs. An on-line copy of the trail guide can be downloaded from the Town of East Haddam website, www.easthaddam.org.



Susan Merrow, Claire Maeder, Peg Carlson, Scot Mackinnon, Nancy Mackinnon, TJ Tarbox, Cynthia Matthew, Shannon Goyette (recording secretary), Todd Gelston

Want to Advertise?

Call Diane Brown / 860-383-6376

GOODSPEED MUSICALS

NOW PLAYING

Goodspeed Opera House, East Haddam

City of Angels

A JAZZY HOLLYWOOD MUSICAL

Swinging, sexy, smart, and funny! A musical take on 1940s detective thrillers from the writer of *M*A*S*H*



BEGINS NOV 3

The Norma Terris Theatre, Chester

A New-Fashioned
Musical Comedy

- Great for all ages!
- A brand new musical
 - valentine that reboots
 - the greatest hits of Berlin,
 - Gershwin, Kern, and more!

860.873.8668 • goodspeed.org

East Haddam Community Lions

Our newly installed Lions Clubs International President Wing-Kun Tam's theme this year is "I Believe". He says, "Don't just think you can make a difference, BELIEVE you can". The East Haddam Community Lions Club has already embraced this theme; we firmly believe that we make a difference to our community.

I hope by now you have received and considered donating to our annual appeal, on behalf of the Connecticut Lions Eye Research Foundation (CLERF) which was mailed to residents at the beginning of September. The generous donations that we receive will benefit eye research including the center at Yale, established almost 60 years ago, thanks to the combined support of the Lions clubs in our State. We thank you for your support.

Last year we provided free eye screenings for pre-school children in our nursery school system using PediaVision, a new scanner that accurately identifies potential vision problems in the blink of an eye. Our close work with the eye research center has identified that early treatment can often restore perfect vision if problems are detected early enough. We intend to make this an annual event to all preschool children in our town, offering peace of mind to all parents and the opportunity for clear vision for all children as they start school.

The Best Seat in Town. In a joint venture with the East Haddam Lions club, our members are selling cedar benches to raise funds for the town's Heritage Park. Once purchased these benches will be individualized with artwork and donated back to the Lions to be auctioned off at a Gala Reception on October 15th at Fox Hopyard's "On the Rocks". Details are available on our website, www.ehcl.org.

Our annual Military Whist, good fun for all, will take place on October 21st, 6:30 p.m. at the East Haddam Elementary School.

We encourage all young people between the ages of 11-13 to participate in this year's annual International Peace Poster competition. The theme this year is "Children know Peace". Once again, the middle school is endorsing this project that encourages dialog and self-expression about Peace. Information will be distributed through the art department. Entries are due on November 8th. Prizes are awarded at club, district and international level. To view winners from previous years, go to www.lionsclubs.org "Peace Poster".

Light up the Holidays, once again we are inviting all Civic minded individuals/groups to donate a decorated holiday tree, wreath or exhibit for auction. Many of us civic organizations and individuals write a check during the holidays ... Let us show our Holiday Spirit and creativity and share it with this community. All proceeds from this community-wide fund raiser will go to The East Haddam Fuel Bank, Food Bank and Youth and Family Services. The money raised last year helped so many, providing heating fuel, food and gifts for the children of families in need, here, in our community, things that many

of us take for granted. We lit up their Holidays and warmed our own hearts too.

The donated items will be exhibited in Rathbun Free Memorial Library, from November 21st – December 2nd. During this time advertising and a catalogue will be distributed. A silent auction will take place (viewers can bid on exhibits anytime during this period). Once again we will host a Holiday Reception on Friday December 2nd 7 p.m. - 9 p.m. where final bids will take place. All donations will be acknowledged in the program and again on signage where exhibits are displayed. For more information visit www.ehcl.org.

Plans to establish an East Haddam Leo's Club (for 12-18 year olds) are under way, a collaborative effort between the town's 2 Lions clubs. A Leo Club in our community will not only foster a spirit of volunteering and service for our youngsters but provide mentoring and promote a camaraderie and sense of achievement that can change lives; the youth of today are our Lions of tomorrow. To make this a success, both clubs have committed to the provision of an advisory group (2 members from each club). An organization meeting for students/parents was held in September. Those present learned about the philosophy of the Leo Club Program, the relationship to the two Lion's Clubs in East Haddam, the requirements for Leo Club membership, and activities undertaken by Leos. Membership applications for students were distributed. Applications for students ages 12-18 are also available in the high school, middle school, and East Haddam Free Public Library.

On behalf of the East Haddam Community Lions, I'd like to take this opportunity to thank the Town's residents and businesses for your generosity as we strive to improve the lives of those who are in need of our support.

- Lion John Bradshaw, President

HOLIDAY CLOSINGS

The Town Office Building will be closed on the following holidays:

Columbus Day - Monday, October 10

Veterans Day - Friday, November 11

Thanksgiving - Thursday & Friday, November 24 & 25

Christmas – December 23 through December 26, reopen December 27

New Year's – December 30 through January 2, reopen January 3

Martin Luther King Day – Monday, January 16

Regular hours will resume on the next business day.

The Transfer Station will be closed all day on October 10, November 11, November 25, December 26, January 2, January 16, and at noon on December 24 and 31.



Big Enough to Serve You... Small Enough to Care!

447 Spencer Plains Road / Westbrook, CT 06498
860-388-2298 / fax 860-388-5557
 www.moronioil.com

CT LIC: 302002 384654 201817 HOD# 591

**Over 60 Years of Reliable Personal Heating Oil Delivery
 Automatic Delivery • Burner Installation • 24-Hour Emergency Service**

BUY AHEAD PROGRAM / 2011-2012

valid to first 100 customers
 Due by October 31st

DEDUCT .02 CENTS/GAL IF PAID IN FULL

Number of Gallons *1000 or more (price break)	Price per Gallon if Paid by Credit	Price per Gallon if Paid by Check
*\$3.50	\$3.55	\$3.52
600 min _____	\$2,130.00 _____	\$2,112.00 _____
700 _____	\$2,485.00 _____	\$2,464.00 _____
800 _____	\$2,840.00 _____	\$2,816.00 _____
900 _____	\$3,195.00 _____	\$3,168.00 _____
1000 _____	\$3,550.00 _____	\$3,520.00 _____
1200 _____	\$4,260.00 _____	\$4,224.00 _____

Cap & Budget Programs at \$3.79 per gallon (call office for further information)

Please fill out and return the portion below to be enrolled in our Buy Ahead Program.

Moroni & Son Oil Company reserves the right to deliver Buy-Ahead oil in off-heating-season months.

NAME _____ PHONE (____) _____ DATE _____

ADDRESS _____ TOWN _____ ZIP _____

GALLONS PURCHASED _____ PRICE PER GALLON _____ AMOUNT ENCLOSED _____

PAYING BY CREDIT CARD ... PLEASE CHECK: DISCOVER AMERICAN EXPRESS MASTER CARD VISA

CARD NUMBER _____ EXPIRATION DATE _____

1. Please Note: New customers should call when they get to 1/4 tank to enable us to calculate automatic deliveries.
2. GALLONS UNUSED will carry forward to the next season of delivery or you may request a refund. (APRIL 30th, 2012)
3. \$300 Cancellation Fee Applies to all Buy Ahead / Cap / Budget Accounts.
4. All service bills are to be paid within 30 days or the balance will be deducted from your Buy Ahead / Budget Account.

Note: Our Buy Ahead Program is designed for customers with 275 or 330 tanks. Prices available for one time bulk deliveries, please call our office for current pricing.

**HOD #
591**

For Office Use Only:

Date Received _____ Payment Received _____ Check Number _____

Re-ELECT
Mark WALTER
 First Selectman



- ★ REDUCED Total Town Spending past 2 years while increasing investment in education
- ★ NO Tax Increase 2009
- ★ Supported 938 Acres of Open Space Purchases
- ★ Created East Haddam Village Re-Vitalization Committee
- ★ Elected President, Lower River Valley of Chief Elected Officials (17 Towns)
- ★ MBA, Northeastern University

Re-ELECT
Emmett LYMAN
 Selectman



- ★ Worked to Reduce Town Government Spending
- ★ Trained & Certified Emergency Responder
- ★ Police Study Commission
- ★ Planning & Zoning Commissioner, 18 years
- ★ Vietnam Veteran
- ★ Masters Degree, Rensselaer Polytechnic Institute

RE-ELECT
Tracey GIONTA
 Board of Education



- ★ Board of Education, 6 years
- ★ LEARN Board of Directors, 4 years
- ★ CAFE Leadership Institute, 2007
- ★ Treasurer, EHES PTO, 2006-2010
- ★ Volunteer, EH-Moodus Little League

ELECT
William BARNEY
 Board of Education



- ★ Principal, The Morgan School, 19 years
- ★ CT Teacher for 44 Years
- ★ Masters, Fairfield University
- ★ CAS, Fairfield University

VOTE NOVEMBER 8, 2011!

www.EastHaddamRTC.com

Paid for by the East Haddam Republican Town Committee, approved by candidates named above, Joseph Corbett, Treasurer.

RE-ELECT
Susan LINK
Board of Finance



- ★ Member, Board of Finance 4 yrs
- ★ Stabilized Town Spending
- ★ Voted for No Tax Increase, 2009
- ★ Voted to Cut Town Spending & Increase Investment in Education
- ★ Chief Financial Officer, 10 years

ELECT
Justin KENNEDY
Board of Assessment Appeals



- ★ Ph.D., Computer Science & Engineering, UCONN
- ★ Software Engineer, 12 yrs
- ★ Adjunct Professor, Computer Science & Engineering, UCONN

RE-ELECT
Deb DENETTE
Town Clerk



- ★ 8 years Town Clerk
- ★ Computerized Town Records
- ★ Increased Efficiency and Access to Town Clerks office

RE-ELECT
Denise DILL
Tax Collector



- ★ Current Tax Collector, 2 yrs
- ★ 24 Year Town Resident
- ★ Secretary, Waterhole Rd Cemetery
- ★ Proficient in Collection Systems



ELECT
Louis SALICRUP
Planning & Zoning Commission

- ★ Current Member Planning & Zoning, 2 yrs

ELECT
Ed GUBBINS, JR.
Planning & Zoning
(Alternate member)

VOTE NOVEMBER 8, 2011!

www.EastHaddamRTC.com

Paid for by the East Haddam Republican Town Committee, approved by candidates named above, Joseph Corbett, Treasurer.

West Nile Virus

The State Mosquito Management Program announced that a Bridgeport resident and a New Haven resident tested positive for West Nile virus (WNV) infection.

The residents, between 80-89 years of age, had onset of illness during the 4th week of August before the arrival of the tropical storm. Both residents were hospitalized with encephalitis. Illness in both cases was characterized by high fever, confusion, weakness, and vomiting. WNV-positive mosquitoes have been trapped repeatedly at numerous sites in Fairfield and New Haven counties this season.

"Mosquitoes are still active, and the recent rains have resulted in areas of standing water that provide them with ideal breeding grounds," said State Epidemiologist Dr. Matthew Carter. "We ask residents to continue to take steps to avoid mosquito bites, such as eliminating standing water around the home."

Last week, it was announced that a resident of Stamford had tested positive for WNV infection. Health officials said that August and September are when they usually see human cases of West Nile virus. While most people do not become severely ill from West Nile virus, people over the age of 50 are more likely to become ill and develop serious symptoms when infected.

The latest human surveillance statistics can be accessed at www.ct.gov/mosquito.

So far this season, WNV-positive mosquitoes have been trapped in 30 municipalities: Branford, Bridgeport, Cromwell, Danbury, Darien, East Haven, Easton, Fairfield, Greenwich, Groton, Hamden, Hartford, Litchfield, Meriden, Milford, New Britain, New Canaan, New Haven, North Haven, Norwalk, Orange, South Windsor, Stamford, Stratford, Tolland, Trumbull, West Haven, Westbrook, Westport, and Woodbridge.

Precautions to avoid mosquito bites include:

Minimize time outdoors at dusk and dawn

- Be sure door and window screens are tight-fitting and in good repair
- Wear shoes, socks, long pants, and long-sleeved shirts
- Clothing material should be tightly woven
- Use mosquito netting when sleeping outdoors
- Consider using mosquito repellent - the most effective repellents contain DEET or Picaridin.

When using DEET use the lowest concentration effective for the time spent outdoors (for example, 6% lasts approximately 2 hours and 20% for 4 hours) and wash treated skin when returning indoors. Do not apply under clothing, to wounds or irritated skin, the hands of children, or to infants less than 2 months.

Continued on next page

Influenza Vaccination Clinic

Chatham Health District



Flu Season is coming!!!!

Each flu season, different flu viruses spread and affect people differently based on their body's ability to fight infection. Even healthy children and adults can get very sick from the flu and spread it to friends, co-workers and family. In the U.S. thousands of healthy adults and children have to visit the doctor or are hospitalized from flu complications each year.

The Chatham Health District, which is your local public health dept, is taking steps to limit the spread of the Influenza Virus in our community by holding the following clinic for children and their families:

Thursday, October 20, 2011 - 4:00-7:00

Nathan Hale Ray Middle School,
Moodus

If you would like to receive the flu vaccine, please register each person on line at www.chathamhealth.org.

Each person registered will need to bring their insurance card and a printed, filled out copy of the Influenza Vaccination Consent Form (found on our website) to the clinic. If you have any questions, please call the Chatham Health District at 860-365-0884.

A Valley Shore YMCA Membership Helped Save My Life

The mission of the Valley Shore YMCA is to develop and encourage the growth of all individuals in Spirit, Mind and Body, in an atmosphere of mutual respect. This means different things to four generations of women in my family. To our six year old granddaughter, it means showing her family that she can swim independently, without a bubble. To her mother and aunt, the Y means swim and gymnastics lessons, as well as summer camp and teenage employment. To her great grandmother, the YMCA means mastering the mind-over-matter challenge of learning to swim in her 70s, despite a lifelong fear of being in water over her head.

I have enjoyed regular exercise at the Valley Shore Y for four decades, where I am a member of our local Board of Directors. I have also been influenced by the world community leadership of the YMCA, with its ability to connect people across the world and train them for community leadership and social service.

I recently experienced a health crisis which served to underscore the mutual importance of the three worlds of mind, body and spiritual health. I contracted a bacterial staphylococcal infection, for which my medical team could not find a cause. The infection rapidly spread to my heart and my brain. Treatment required three surgeries and intravenous antibiotics to stem the infection. My cardiologist informed my family that there is a 40% mortality rate associated with endocarditis, and that the risk of three surgeries boosted that rate exponentially.

But one week after the surgeries, I was alive and lucid. Clinicians from other medical specialties (internal medicine, infectious disease, neurology, orthopedics, and ENT) joined my cardiology team and treated me over the next month. Three weeks at a rehabilitation facility followed the hospitalization. Although there are many unanswered questions about the cause of the staph infection, there was

universal consensus about WHY I survived the ordeal. All agreed that my state of health enabled me to endure the surgeries and fight the infection. The recurring comment from the medical community was that "I did not look like my chart"; I seemed stronger than my records indicated.

The fitness I have acquired at the YMCA and often take for granted provided the strength to survive the surgeries and jumpstart a return to health. "Mind" and "spirit" components also formed a net that carried me through the pain and worry of losing my health. The strength of my family, friends and YMCA colleagues prevailed whenever I had doubts about recovery. I am now enjoying regular, although modified workouts at the Valley Shore YMCA. My cardiologist predicts that I will "return to baseline", eventually resuming normal activities.

My granddaughter learned to swim at the YMCA, and my daughters formed life-long connections with the Y. My mother-in-law conquered her fear of water at the Y. And I reclaimed my appreciation for the mind-body-spirit power of the YMCA. Thanks, Y colleagues, for supporting so much more than my physical recovery alone.

- Kathleen C. Laundry, PsyD, LMFT

West Nile Virus ... continued from previous page

Measures to reduce mosquitoes around the home include:

Dispose of water-holding containers, such as ceramic pots, used tires, tire swings; Drill holes in the bottom of containers such as those used for recycling; Clean clogged roof gutters; Turn over objects that may trap water when not in use such as wading pools and wheelbarrows; Change water in bird baths on a weekly basis; Clean and chlorinate swimming pools; Use landscaping techniques to eliminate areas where water can collect on your property.

For information on West Nile virus and what you can do to prevent getting bitten by mosquitoes, visit the Connecticut Mosquito Management Program web site at www.ct.gov/mosquito.



Home Heating Oil

- ◆ Central Heating & Air Conditioning Systems
- ◆ Residential & Commercial Duct Systems
- ◆ Service & Installations

860-526-5244
860-345-3218



CT Lic. # S1-395107
CT Lic. # SM1-1954
CT Lic. # SM1-1980



Town of East Haddam

7 Main Street ~ P.O. Box K East Haddam, CT 06423

Administrative Office Building

Fax: (1st floor) 860-873-5042, (2nd floor) 860-873-5025
Hours: Monday, Wednesday, Thursday 9:00 a.m. to 4:00 p.m.,
 Tuesday 9:00 a.m. to 7:00 p.m., Friday 9:00 a.m. to Noon

Selectman's Office

Mark B. Walter, First Selectman 860-873-5020 admin@easthaddam.org
 Linda Zemenieski, Administrative Assistant admin@easthaddam.org

Assessor's Office

Loreta Zdany, Assessor 860-873-5026 assessor@easthaddam.org
 Patty Veselak, Administrative Assistant

Building Department

Keith Darin, Building Official 860-873-5024 building.dept@easthaddam.org
 Carolyn Hart, Administrative Assistant

Chatham Health District

Liz Davidson, Sanitarian 860-873-5101 liz.davidson@chathamhealth.org

Finance Department

Cynthia Varricchio, Finance Administrator 860-873-5022 financeadmin@easthaddam.org
 Dawn Snow, Administrative Assistant 860-873-5020 finance@easthaddam.org
 Kathy Klinck, Treasurer 860-873-5022

Land Use Offices

Jim Ventres, Administrator 860-873-5031 admin.landuse@easthaddam.org
 Jim Puska, Zoning Enforcement Officer zeo.landuse@easthaddam.org
 Janet Lombardo, Administrative Assistant landuse@easthaddam.org

Tax Collector's Office

Denise Dill, Tax Collector 860-873-5033 taxcollector@easthaddam.org
 Sharon Kuhn, Assistant Tax Collector tax@easthaddam.org

Town Clerk's Office

Deb Denette, Town Clerk 860-873-5027 townclerk@easthaddam.org
 Beverly Christopher, Assistant Town Clerk

Public Works Department

Fax: 860-873-6014

Town Garage - Hood Lane Hours: Monday through Friday, 7:00 a.m. to 3:30 p.m.

Transfer Station - Nichols Road Hours: Monday, Wednesday, Friday 7:00 a.m. to 5:00 p.m.
 and Saturday 7:00 a.m. to 4:00 p.m.

Elizabeth Lunt, Public Works Administrator 860-873-5023 pwadmin@easthaddam.org
 Richard Toolan, Public Works Superintendent pwsuper@easthaddam.org
 Shirley Dill, Administrative Assistant publicworks@easthaddam.org
 Don MacKenzie, Transfer Station Foreman 860-873-5030

Other Departments

Don Angersola, Fire Marshal 860-873-5004 admin@easthaddam.org
 Tiffany Quinn, Parks & Recreation Director 860-873-5058 parkandrec@easthaddam.org
 Michael Olzacki, Animal Control Officer animalcontrol@easthaddam.org
 Melissa Ziobron, Economic Development Coordinator 860-262-0347 edevcoordinator@easthaddam.org
 Craig Mansfield, Emergency Management Director 860-873-5103 ehaddamemgmt@easthaddam.org

Resident State Troopers

Jeff Rhoades & Steve Bellandese 860-873-1226 police@easthaddam.org

Probate Court

Jennifer Berkenstock, Judge of Probate 860-295-6239
 Linda Neal, Clerk lneal@ctprobate.gov

Registrars of Voters

Holly Cummings & Laurie Alt 860-873-5029 registrars@easthaddam.org

Senior Services - 15 Great Hillwood Road

Joanne Rocznik, Municipal Agent 860-873-5034 seniors@easthaddam.org

Visit our Website at www.easthaddam.org for more information,
 including meeting minutes

Rotary Club

Deb Denette and Roger Stube
 become Paul Harris Fellows



L to R: Charles Hnilicka, Deb Denette, Roger Stube and Ken Klein.

The Paul Harris Fellowship is named for the person who founded Rotary with three business associates in Chicago in 1905. The Fellowship was established in his honor in 1957 to express appreciation for a contribution to the humanitarian and educational programs of the Rotary Foundation. The programs include an array of projects that save and invigorated the lives of people around the world and enhance international friendship and understanding. Foundation programs provide educational opportunities, food, potable water, health care, immunizations and shelter for millions of people. These activities are funded, implemented and managed by Rotarians and Rotary clubs around the globe. Rotarians also designate a Paul Harris Fellow to recognize another person whose life demonstrates a shared purpose with the objectives and mission of the Rotary Foundation to build world understanding and peace. We move closer to a more peaceful world today as Roger Stube and Deb Denette become Paul Harris Fellows.

Thanksgiving Dinners

The Rotary Club of East Haddam will once again partner with Liberty Bank to provide Thanksgiving dinners for local families.

In the spirit of community support, town residents are urged to make financial donations at Liberty Bank. Your donations will be matched, in part, by Liberty Bank, and the proceeds will be used by the Rotary Club and the local Food Bank to purchase and distribute food at Thanksgiving for those in need in our Town.

Please make your donation at the Moodus branch of Liberty Bank, or, if you are at an out of town branch of Liberty Bank when making a donation, please specify that it is for the East Haddam Rotary Thanksgiving Fund. Donations in any amount are greatly appreciated.

For more information, please call Nancy Smith at Liberty Bank (860-873-2266) or Deb Denette, of the Rotary Club at 860-873-2284.

East Haddam Free Public Library

Looking for something to do? Stop by your friendly neighborhood library and never be bored again!

There's always something to do at The East Haddam Library. Check out some of the fantastic events happening this fall:

Adults (Ages 18+)

- Quilting: Every Tuesday at 6:30-7:30
- Origami: 1st Thursday of Every Month at 6:30-7:30
- East Haddam Book Club: 2nd Wednesday of Every Month at 7:00-8:00
- Bat Night (Just in time for Halloween, learn about our favorite creatures of the night!): Thursday, October 21 at 6:00

Teens (Ages 12+)

- Teen Writing Club: 1st Thursday of Every Month at 6:00 – 7:30
- Video Games: 3rd Wednesday of Every Month at 6:00 – 7:30
- Teen Night (90 Minutes of Fun, Food, & Your Favorite YouTube Clips): 4th Wednesday of Every Month at 6:00 – 7:30

Kids (Ages 6+)

- Kids Writing Club: 1st Monday of Every Month at 4:30-5:30
- Video Games for Kids: 3rd Monday of Every Month at 4:30-5:30
- Stories, Games, Crafts, Movies, Music & More: 2nd & 4th Fridays of Every Month at 4:30-5:30
- Go Batty – Bat-Fun, Bat-Games, and Bat-Facts!: Monday, October 26 at 4:30

Tots (Ages 2+)


- Every Wednesday: Story & Craft Hour at 10:00-11:00

All Ages (All Ages)

- Art Show: 1st Wednesday of Every Month at 6:00-7:00
- Terrible Thursday (Bad Movie Night): 4th Thursday of the Month at 6:30 (Ages 10+)
- A Very Terrible Thursday Halloween: October 27 at 5:30
- A Very Terrible Thursday Thanksgiving: November 17 at 5:30
- A Friendly Neighborhood Terrible Thursday Holiday Hootenanny: December 22 at 5:00
- Fall Auction Drawing Party (Did you win? Find out!) Monday, November 21 at 6:00

But wait there's more: Check out EHFPL's Blog at www.ehfpl.blogspot.com to learn about even more awesome events including animal programs, guest speakers, special movie nights, games, workshops, and more!

Books, DVDs, Internet, and Amazing Events – all for free at your friendly neighborhood library.



Thomas D. Comer, CPA
Comer and Company, LLC

61 Main Street, Middletown, Connecticut 06457
860 346-2100 • 860 873-1040



Fox Ledge Farm


Riding lessons
Beginner – Grand Prix
dressage & balanced seat

860-873-8108 egarts@snet.net
www.foxledgefarm.net
29-A Daniels Road East Haddam, CT 06423

SCOTT W. JEZEK
Attorney at Law

Law Office of Scott W. Jezek
31 W.F. Palmer Road
P.O. Box 376
Moodus, CT 06469

Tel: (860) 873-1449
Fax: (860) 873-1113
E-mail: swjezek@sbcglobal.net



Eddies

AUTO BODY
SPECIALISTS

“Serving Our Community Since 1956”

860-873-9044

www.eddiesautobodyct.com

2 Matthews Drive, East Haddam 06423

Emergency Management Update



*Craig Mansfield, Emergency Management Director and
Beth Lunt, Public Works Administrator*

First, I would like to echo the words of First Selectman Mark Walter and thank all of the Emergency Management Volunteers, town and school employees, local businesses and East Haddam Residents for their assistance and support through Tropical Storm Irene. Without the dedication of the Volunteers who worked tirelessly and the assistance of the businesses and residents, the response to Irene could not have run as smoothly as it did.

Even though Irene was technically a Tropical Storm by the time it made landfall in CT, East Haddam has not seen a storm

causing this magnitude of damage for many years and hopefully it will be many more before we see one again. However, this does not mean that the Town and residents shouldn't be prepared for it to happen at anytime.

Throughout the week of Irene, East Haddam put out many alert messages. These messages were distributed to residents via phone (landline and cell), email and sometimes text message depending on the length of the message. The database available to East Haddam includes only White Page phone numbers unless residents take the time to complete the registration process. Once you have registered you can enter additional phone numbers (i.e. cell, work) and email addresses to receive alerts. The process takes less than 5 minutes and can be completed by clicking on the East Haddam Alert link on the main page of the Towns Website (www.easthaddam.org). For those without online access you can stop by the Town Office



First Selectman Mark Walter charting the road closures

Building and pick up a registration form. Please complete this process so you can stay informed during emergency situations.

Additionally, many residents did not prepare for the storm. During the week we received many calls from people who did not have enough gas in their cars to drive out of town to get to the closest open gas station. Many residents could not receive the East Haddam Alerts because they only had cordless phones which require power to use and others had not purchased an adequate supply of food and water to get through even a few days. There is ample information available for preparing your home and family for emergency situations and we would ask that you spend a few minutes to complete this process. You can visit www.ready.gov, www.fema.gov or www.redcross.org for assistance.

Overall, the town's response to Irene went very well. Throughout the incident the Emergency Management Team was documenting issues to be discussed at an after-action meeting. The town has already begun discussions with CL&P to ensure an improved response for future storms. As with any situation, you learn from mistakes so you can make improvements for the future. Any residents with comments, please contact me at 860-873-5103 or ehaddamemgmt@easthaddam.org.

*- Craig Mansfield,
East Haddam Emergency Management Director*

A Place Where Guys Actually Like To Shop

**ANCHOR &
COMPASS**
A STORE FOR GUYS
DEEP RIVER, CT



2nd ANNUAL

October Fest!

Join us during the month of October
as we celebrate the fall season

 10% off all Carhartt and Woolrich Vests

 Weekend Beer Tastings

 Wide Selection of Flannels, Cords, Jeans

CLOTHING YOU WANT - PRICES YOU NEED

tuesday - friday 9:30 - 5:30 / saturday 9 - 5 / sunday 9:30 - 4:30

163 main street • deep river • 860 322 4327

St. Stephen's Episcopal Church

31 Main Street, P.O. Box 464, East Haddam, CT 06423
860-873-9547 / E-Mail address: st.stephenschurch@att.net

Services: Sundays at 8:00 and 10:00 a.m. Weekly Coffee Hour - Fellowship and snacks following 10:00 a.m. service; a time to meet and get to know new fellow worshippers. Hall Rental: Beautifully refurbished hall to rent for your next event. Call the office for more details. Harvest House: Held each Sunday evening from 5-6 p.m. in the church hall. Sit-down and take-home meals are available for those in need. Please call the church office for more information.

UPCOMING EVENTS

LADIES AID SOCIETY: On Sunday, October 9th following the 10:00 a.m. service, Lynne Meyer will be conducting a historical walking tour of St. Stephen's. Learn more about the history of St. Stephen's.

On Friday evening, October 14th, at 7:00 p.m., there will be a presentation by the Rt. Reverend Laura Ahrens, Suffragan Bishop, entitled "Women and Church". All are welcome to attend.

ANNUAL CHICKEN BARBEQUE will be held on Saturday, October 8th, from 5-7 p.m. at St. Stephen's Parish Hall. Menu includes of a barbeque chicken, baked potato, salad, roll, and a selection of homemade desserts. Price is \$9.00. For more information, please call St. Stephen's at 860-873-9547.

GOODS AND SERVICES AUCTION will be held on Saturday, November 5, 2011. There will be a Silent Auction and Dinner from 6-7:30 p.m. and Live Auction from 8-9 p.m. Proceeds will be used for mission outreach programs. Some of the proceeds will be used as part of a matching grant for the continued maintenance of our historic church which includes the securing and rebuilding of the bell tower that houses the oldest known bell in the United States.

COOKIE FAIR: The Annual Homemade Christmas Cookie Fair will be held on Saturday, December 10th at St. Stephen's Hall from 10:00 a.m. until 1:00 or until sold out. Come and see firsthand what the best cookie bakers are offering.

MUSIC: Beginning in September Senior Choir rehearsals will resume on Thursday evenings from 7-8:30 p.m. Angel Choir (preschool to grade 1) rehearsal on Sunday after the 10:00 a.m. service. Youth Choir (grades 2 and above) rehearsal on Sunday after Angel Choir.

CHRISTMAS SCHEDULE: Christmas Eve services are at 5:00 p.m. and 11:00 p.m. preceded by Carol Sing at 10:30 p.m. Christmas Day service will be held at 9:00 a.m.

SUNDAY SCHOOL: St. Stephen's Episcopal Church Sunday School begins at 9:30 a.m. each Sunday with our fall kick-off on September 11th. Nursery care is available.

autumn is in the air!



the fish sisters
clothing & accessories

And cozy fall fashions are here! From names like Cut Loose, Peacock Way, Comfy, Fat Hat and more, in fresh styles and colors. Plus, great sweaters, jewelry, scarves and Baggallini too!

2 norwich road, east haddam, ct 06423
860-873-1326

Hours: Tuesday-Saturday 10-5, Sunday 11-5

(Just up the road from the Goodspeed!)



**East Haddam
Business & Visitor Info.**

Attractions, Recreation, History

www.EastHaddam.org



Look on the Municipal Website

**Business Directory—over 250 town businesses,
browse general categories, website links**

**Community Calendar—find or suggest
upcoming special events at town businesses**

**Municipal pages—Town Departments/Staff,
Boards/Commissions, Agendas & Minutes**

Middlesex United Way Announces Funding for Three Local Programs

Middlesex County, CT – Middlesex United Way Board of Directors recently approved fund distributions in the amount of \$964,304 for fiscal year 2011-12. This amount is \$45,000 more than was allocated in 2010-11.

This funding includes support to 49 programs in Middlesex County, the installation of multiple Born Learning Trails on Day of Caring on September 7, two future requests for proposal in Education and Housing, and \$30,000 for new opportunities this fall that will help United Way reach its Five Year Goals for the Common Good.

The breakdown of fund distributions by focus area is: \$148,156 for education; \$141,350 for income; \$498,080 for health; and \$130,433 for housing.

Programs in East Haddam & Higganum supported by Middlesex United Way are: East Haddam Youth & Family Services receiving...\$15,000. Youth & Family Services of Haddam-Killingworth receiving...\$12,500.

One of United Way's partners in the School Readiness initiative is East Haddam Youth & Family Services. Cindy Praisner, Early Childhood Coordinator, touched upon the impact of United Way's support "One of the wonderful things we have been able to provide in East Haddam is a Family

Resource Center. Through this Center we had many programs including a school readiness playgroup. A mom from this group commented, 'I have nothing but wonderful things to say of Miss Joy's preschool hour. I would never consider it just a playgroup, because it was so much more! With my husband losing his job this year there was no way we could afford to send Alex to preschool, as we had the year before. No matter how much you work with your child at home, there is such a difference actually being in a preschool setting with other children. Alex learned a lot this year and really enjoyed himself as did I.'"In addition to these distributions and included in the overall amount, United Way 2-1-1 was allocated \$16,285. 2-1-1 is a 24-hour information and referral helpline that is available free of charge to anyone in Connecticut. 2-1-1 is a partnership between Connecticut United Ways and the State of Connecticut.

Leading the program review and fund distribution each year are Community Impact volunteers who bring experience and expertise in health and human services. Four volunteer teams, based on the four focus areas meet regularly throughout the year, evaluate program performance and financial health, and analyze program results. United Way's Community Impact Council then makes funding recommendations to the full board of directors for final approval.

Kevin Wilhelm, Middlesex United Way Executive Director, notes "This hard work is done by dedicated individuals who volunteer their time to make important decisions. They have a passion for giving back and strengthening our community."

Middlesex United Way advances the common good by creating opportunities for a better life for all. Our focus is on education, income, health and housing – the building blocks for a good quality of life. United Way recruits people and organizations who bring the passion, expertise and resources needed to get things done. You are invited to be part of the change by giving, advocating and volunteering.

Middlesex United Way serves the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland, and Westbrook.

Volunteers of the Month

Please join us in congratulating our most recent volunteers of the month: David Denette, Ronald Caminati and Dean Delloiacono.

If you would like to nominate someone, please do so in a letter to the First Selectman.



RiverQuest

**FOLIAGE
CRUISES**

ON THE CONNECTICUT RIVER

**For hours, prices and information
ctriverquest.com • 860-662-0577**

**Docked at Eagle Landing State Park
Route 82 ~ Haddam**

Rathbun Free Memorial Library

What's happening at the Rathbun Memorial Library this Autumn/Winter? Want to keep in the know? Give us your email, and we'll send you Enewsletters with announcements, new book alerts, reference links, events and more!

Some of our Adult programs coming up:

The Ins & Outs of the CT Digital Library and the Online Catalog for School Assignments & Projects - October 4 or 11, 10:30 - 11:15 p.m.

Google Days: Tips & Tricks for Google Customization - October 11, 12, 13, 2 p.m. - 2:45 p.m.

BBC Marathon Week Adult Contest, November 7-12 with raffles and prizes.

Coming later in January: **The Credit Crunch: Where to go for Help; Resume Review; Your Online Portfolio for Job Hunting** (dates tba); all programs require pre-registration.

The Children's / YA Department continues its weekly programs with **Baby Booktime** every Wednesday, 10:30 - 11:15 a.m. (infants and toddlers); **Preschooler's Storytimes** every Monday and Thursday, 10:30 - 11:30 a.m. (ages 3-5); the **American Girl Club** on October 5, November 2, December 7 and January 4, 3:30 - 4:30 p.m.

Pre-registration is required to ensure supplies for all. And don't forget **OverDrive** for your free audiobooks and Ebooks - this autumn the Consortium has bumped its purchasing of titles. What does this mean for you? Less holds, less wait, more titles and more formats (MP3, Nook, WMA, mobile app enhancements). What a great way to save some money - all you need is your Rathbun library barcode number to access OverDrive (go to the link on www.rathbunlibrary.blogspot.com for easy access, tutorials and more).

FP Drywall LLC

Quality Sheetrocking & Taping

*specializing in new construction
additions & remodeling*

Frank Porto

25 years of experience

East Haddam, CT

203-605-4294

Project Safe Halloween

All children up through grade 8 who are residents of East Haddam/Moodus are invited to attend the Annual Project Safe Halloween Party on Monday, October 31, 5 to 8 p.m. in the Elementary School gymnasium. Have your picture taken in your costume, see the DARE Car, take a hayride, trick or treat for lots of goodies, and more. This event, offered as a safe, fun alternative to traditional trick or treating, is sponsored by the East Haddam Police Department. Civic groups are encouraged to join us by sponsoring a table. Please contact Maryjane Malavasi at 860-759-5716 to register. You must register prior to the event in order to participate.

Enter our 2nd Annual ADULT costume contest sponsored by Park & Recreation. Come dressed in your favorite costume (family friendly ones) and register at the front table. Prizes will be awarded.

Calling all kids! Stop in at the Elementary School gym on October 30th between 9:00 - 11:00 a.m. to decorate a pumpkin. Then come to Project Safe Halloween and cast your vote for your favorite pumpkin in a number of different categories. Prizes will be awarded. This event is totally funded by donations, which are needed and can be sent to Project Safe Halloween, P.O. Box K, East Haddam, CT 06423. Donations of candy cannot be accepted. For more information or to help out at this very popular event, call Maryjane at 860-759-5716.



GELSTON HOUSE

FINE DINING ~ SPIRITS ~ LODGING

A Dining Experience Steeped in Tradition

Enjoy lunch or dinner in a spectacular setting with a view of the Connecticut River. Perfect location for weddings, banquets & private parties.

Call now to book your holiday party

visit our website for upcoming events

8 Main Street • East Haddam, Connecticut
860.873.1411 www.gelstonhouse.com

Gift Certificates Available

Touring Agriculture in the Northeast Kingdom



At this time of year, the high cost of food is on many peoples' minds. Those who garden know what a pleasure it is to harvest a ripe tomato and gnaw on fresh string beans plucked from the summer plot. It was this kind of fresh, local food that inspired a delegation of East Haddam residents to set off for Northern Vermont. The goal was to see first-hand what farmers and agricultural entrepreneurs are doing in the region known as the Northeast Kingdom. Along with producing high quality foods and other agricultural products, they are boosting their local economy by creating local employment.

In most parts of the United States, the cost of entry into the farming business: land, energy and regulation, is prohibitively high. However, in the Northeast Kingdom of Vermont, a cooperative program has been established by the Center for an

Agricultural Economy in a town called Hardwick. This program has encouraged beginning farmers and helped established farmers to grow and distribute their crops to area food processors with an emphasis on organic growing standards. Agricultural operations and entrepreneurship of large and small scales have begun to develop value-added products and serve niche markets through this cooperative program.

For example, one stop on the tour was North Hardwick Dairy. This farm is one of several involved in the cooperative program that has profited from a variety of specialized, higher-value crops. Brothers Nick and Taylor Meyer took over the family dairy, converted to organic farming methods in 2003, and now sell their milk at a premium price to a widely known dairy processor called Organic Valley. In addition, these farmers maintain a 12-acre sunflower crop that they use to make biodiesel which fuels equipment used on the farm.

Another enterprise involves growing soybeans that are sold to a locally based company called Vermont Soy to make products such as tofu and soymilk.

Most of the food producers and processors in the Northeast Kingdom operate relatively small-scale operations, similar to the farms that used to dominate the landscape of East Haddam. It is the diversity of these small-scale operations that allows them to survive economic hardships and thrive with less regulation and more collaboration.

Another example of a thriving business in the Northeast Kingdom is High Mowing Seeds of Wolcott, Vermont. This company grows and sells organic seeds throughout the United States and has quickly become one of the top seed companies among small-scale organic farmers and home gardeners. And of course, High Mowing does a great deal of business with local farmers. These farmers grow crops for seed to sell back to High Mowing and for 'fruit' to sell locally at stores, markets and farm stands.

All of this food production and job creation is made possible by a web of connections and support between the private and public sectors, not to mention a lot of hard work. This hard work seems to be paying off for the folks in Northern Vermont. Food for Thought: Could this kind of collaboration be useful to us here in East Haddam?

- Scot Mackinnon and Jess Stone of East Haddam

madison
Art
cinemas

761 Boston Post Road
 P.O. Box 270, Madison, CT 06443

203.245.3456

www.madisonartcinemas.com

East Haddam Newcomers' Guide

WELCOME TO OUR TOWN!

On behalf of *Events* Magazines, welcome to East Haddam. Whether you are new to Connecticut or just to East Haddam, you will find wonderful people and places to visit in town. Below are important phone numbers. Please tear out this page and keep it for future reference.

Events Magazines and Essex Printing support local businesses.

Please use this guide and "Buy Local" - we do!

BUSINESS & PROFESSIONAL SERVICES

CHURCHES

Christ Community Church.....	860-873-1187
First Church of Christ Congregational	860-873-9084
Hadlyme Congregational Church	860-526-9628
My Father's House	860-873-1906
St. Bridget's of Kildare.....	860-873-8623
St. Stephen's Episcopal	860-873-9547
Moodus United Methodist	860-873-8491

CLUBS AND ORGANIZATIONS

American Legion	860-873-8042
Boy Scout Troop 22	860-873-1098
Cub Scouts Pack #28	860-873-1872
East Haddam Ambulance Assoc.	860-790-0575
East Haddam Community Lions Club	860-873-9282
East Haddam Lions Club	860-873-2822
East Haddam Democratic Town Committee	860-873-3787
East Haddam Education Foundation	www.eheducationfoundation.org
East Haddam Free Public Library.....	860-873-8248
East Haddam Garden Club	860-873-8732
East Haddam Lakes Association.....	860-537-6070
East Haddam Republican Town Committee.....	860-873-9240
Friends of Gillette Castle State Park	860-526-2336 (434-2603 Judy)
Friends of Rathbun Library	860-873-8310
Rathbun Library	860-873-8210
Friends of East Haddam Public Library	860-873-8248
Hadlyme North School Society	P.O. Box 328 Hadlyme CT 06439
Middlesex County Community Foundation	347-0025
Moodus Fife & Drum	860-873-8837
Rotary Club of East Haddam	860-873-2284
St. Bridget's of Kildare Knights of Columbus Council 9358	860-873-9663

EAST HADDAM ECONOMIC DEVELOPMENT

www.easthaddam.net

CONSUMER PROTECTION

860-566-2294

CT STATE LEGISLATORS

Linda Orange	860-537 3936
Eileen Daily.....	860-399-7342
East Haddam Senior Center	860-873-5034
Youth and Family Services.....	860-873-3296

SCHOOLS

East Haddam Elementary	860-873-5076
Nathan Hale-Ray High School	860-873-5065
Nathan Hale-Ray Middle School.....	860-873-5081
Superintendent	860-873-5090

MUSEUMS & ATTRACTIONS

East Haddam Historical Society.....	860-873-3944
Nathan Hale School House.....	860-873-3399
Amasa Day House	860-873-8144

PARKS

Devil's Hopyard State Park	860-873-8566
Gillette Castle State Park	860-526-2336

POST OFFICES

East Haddam	860-873-8521
Moodus	860-873-8632
Hadlyme.....	860-526-6088

ARCHITECTS

Fellner Associates Architects	860-873-8230
-------------------------------------	--------------

ATTORNEYS

Polito & Quinn, LLC	860-447-3300
Peter Charbonnier	860-526-1780

BANKING

Essex Savings Bank	860-434-1646
--------------------------	--------------

CLOTHING BOUTIQUE

Fish Sisters	860-873-1326
--------------------	--------------

CRUISES

RiverQuest	860-662-0577
------------------	--------------

DANCE & MUSIC FOR CHILDREN

The Enchanted Castle.....	860-754-4304
---------------------------	--------------

DAYCARE & PRESCHOOL

Little Noises Daycare & Preschool	860-873-9848
-----------------------------------------	--------------

EAST HADDAM DEMOCRATS

.....	http://easthaddamdemocrats.org
-------	--------------------------------

EAST HADDAM REPUBLICANS

.....	www.EastHaddamRTC.com
-------	-----------------------

ECONOMIC DEVELOPMENT

COMMISSION

.....	www.EastHaddam.org
-------	--------------------

EXERCISE & PHYSICAL FITNESS

East Haddam Boot Camp	773-343-4355
-----------------------------	--------------

HOSPITAL

Middlesex Hospital	www.MIDDLESEXHOSPITAL.ORG
Visit	www.MHCANCERCENTER.ORG

OIL COMPANIES

Foley Furnace	860-526-5244
---------------------	--------------

Moroni & Son	860-388-2298
--------------------	--------------

MASSAGE THERAPY

Barbara Gaudio, LMT, CH	860-526-1111
-------------------------------	--------------

MEN'S CLOTHING

Anchor & Compass	860-322-4327
------------------------	--------------

PACKAGE STORE

Moodus Package Store.....	860-873-8577
---------------------------	--------------

PHARMACY

Nathan Hale Pharmacy	860-873-1481
---------------------------	--------------

PODIATRIST

Haddam Foot Care Specialists	860-345-3674
------------------------------------	--------------

PRINTING

Essex Printing Company....	860-767-9087
----------------------------	--------------

REALTY

Coldwell Banker / Dee Hasuly	860-214-1864
William Raveis / Jodi LaBella	860-301-2032

RESTAURANT

Gelston House	860-873-1411
---------------------	--------------

RETIREMENT LIVING

The Saybrook at Haddam	860-345-3779
------------------------------	--------------

SALON

New Image Hair Salon.....	860-873-3494
---------------------------	--------------

STUDIO

Riverway Recording Studio, LLC	860-873-3404
--------------------------------------	--------------

THEATRES

Goodspeed Musicals	860-873-8668
Madison Art Cinemas.....	203-245-3456

**Want to be listed on the Newcomers' page?
Call Diane Brown at 860-383-6376**

Senior News

October 22nd - Make a Difference Tag Sale at the Senior Center. We will be accepting items the week of the 17th. This year the proceeds will go to the Fuel Bank. Anyone wishing to assist with the project should call the center at 860-873-5034.

November 5th - we are having a "Fred Astaire dance class" with a dance to follow. The class will start at 7:00 with instructors from the Glastonbury studio showing us the waltz, foxtrot and swing. Cost is \$10 per person. Tickets are on sale at the senior center. Refreshments will be available.

November 10th - A Tribute to Our Veterans. Local veterans, young and old, are invited to lunch and entertainment.

Reservations must be made by called 860-873-5034. Non-vets are requested to make a donation of \$5.00.

November 14th is the rescheduling of the seminar on Veteran's Benefits. Lunch is at 12, with the program beginning at 12:30.

We will be closed on November 11th, 24th and 25th. Enjoy your holidays.

December 12th will be the annual Senior Center Christmas Party.

December 31st is the New Year's Eve Party, starting at 1:00 p.m.

EAST HADDAM SENIOR CENTER - SURVEY FOR PEOPLE AGE 50 AND OVER

Please help us plan activities, hours and the future needs of the Senior Center by completing this survey.

1. Do you receive information on activities at the Senior Center? Yes No
2. Do you participate in the center's activities, programs or events? Yes No
If no, please explain.
3. What hours would you like to have the center opened?
4. What days of the week are best for you to attend activities/events at the center?
5. What type of entertainment do you like?
6. What kinds of activities do you like?
7. What kinds of programs do you like?
8. What kind of exercise do you like?
9. What topics would you like to have discussed?
10. Is transportation an issue for you? Yes No
11. Do you think there will be a need to expand the center in the future because of the "Baby Boomers"? Yes No
12. What is your age group? 50-54 55-59 60-64 65 and above.
13. What is your gender? Male; Female.

Thank you for participating in this survey.

**Please send this survey or drop it off at the East Haddam Senior Center,
15 Great Hillwood Road, P.O. Box 623, Moodus, CT 06469.**

Christ Community Church

Extreme Teens - A youth ministry of Christ Community Church. Teens meet every Friday night during the school year from 7:00 - 9:30 p.m. For youths ages 13 to 18. Come join us for fun and fellowship – Bring a friend.

Giant Church Tag Sale and Bake Sale - rain or shine - Saturday, October 8th from 9:00 a.m. to 2:00 p.m. Proceeds to go towards our Live Nativity - Dec. 2nd and 3rd.



Live Nativity to be presented in East Haddam for ninth year - photo courtesy of Christ Community Church.

Once again, Christ Community Church in East Haddam will present their live nativity program, "Come and Behold Him" this will be the Church's ninth consecutive year of presenting this intimate reenactment of the traditional Christmas Story. Visitors can enjoy this program from 7 to 9 p.m. on Friday and Saturday, Dec. 2 and 3, on the church grounds at 50 Orchard Road. The free "drive-through" presentation features scenes from Bethlehem surrounding the Christmas story. The elaborate costumes and set designs are enhanced with music and a myriad of animals, including live camels. "We try to bring the real meaning of Christmas to life," said Pastor Victoria Triano. "In the midst of this very quiet and cold night, something miraculous happens."

Those visiting the program drive through the huge gates into a field within the city walls of Bethlehem where they are transported back in time to the first Christmas. They see the shepherds as they fearfully encounter the heavenly angels proclaiming the birth of the Christ child and are encouraged to "Come and Behold Him." They then find themselves joining with the Wise Men as they follow the star to the manger. Finally, they see the manger scene come to life. Mary, Joseph and Jesus are surrounded by curious townspeople, an angel and of course animals. More than 40 adults and children make up the cast for the presentation. Special lighting and other special effects add to the drama of the experience. "This is not your average Christmas pageant," Pastor Triano said, "It is something to be experienced ... it is really the reason for the season. It is our Christmas card to the community." For more information you may call the church at (860)873-1187. <http://sponsors.htnp.com/cccl>

- Rev. Victoria Triano / Christ Community Church

Boxes for Soldiers

The Shoreline Community Women will be sending Thanksgiving & Christmas boxes to our troops in Iraq and Afghanistan. We send care packages all year, but try to send as many as we can during the holidays. We hope to show our gratitude, and brighten the day of many of our troops.

We are accepting military addresses... **the soldier does not have to live in the area.** If you know of someone in the military who can use a care package, just call or email us with the address.

We always include notes, letters and cards from kids in the boxes and the troops LOVE them!

If any teachers would like to help us and have their students write letters or make cards for us please let us know. We also have other ideas of how classes can help if you're interested. If you knit and would like to make hats, mittens, etc., we have patterns for you.

Donations can be made out to Shoreline Community Women, P.O. Box 51, Clinton, CT 06413.

This project is not possible without a large amount of support. Help us thank our troops this holiday season for what they do for us and our country every day.

For more info contact

Cindy Stevens 860-669-1109,
snowsblock@aol.com.

You can also contact Brenda Farrel
860-669-0750.

Park & Recreation

Up to date information about East Haddam Parks and Recreation can be obtained by going to the website www.easthaddam.org. Under Town Departments, choose "Parks and Recreation"; you will see the program information listed on the right side of the page.

Seniors Getting Fit at the Saybrook at Haddam

Walking, lifting weights, stretching, rowing, biking... the list of fun things seniors do today to stay physically fit keeps growing. In fact, "working out" is becoming a bigger part of daily life for today's senior citizen, and the benefits are piling up.



Residents at The Saybrook at Haddam (l-r: Bill Wassell, Harry Archambault, and Marian Marston) enjoy the new gym, where they use exercise machines to stay physically fit.

Seniors who work some level of physical fitness into their routines are taking positive, proactive steps to maintain (or even improve) their quality of life. Regular exercise builds muscle - which can be accomplished at every stage of life. Stronger muscles allow seniors to be more self-sufficient and manage daily tasks on their own.

Regular exercise helps keep seniors "in balance" and flexible,



Residents at The Saybrook at Haddam, Bill Wassell (L) and Harry Archambault (R) work out at the new gym.

which, in turn, helps them avoid falls and injuries that can lead to greater complications. It also increases endorphins, improves cardiovascular health, and helps lower blood pressure - which all contribute to improved overall wellbeing. Senior often find themselves socializing more by taking group exercise or workout classes, or by simply going on walks with friends. Daily exercise does not have to be a formal process. Many seniors find themselves getting a lot of exercise simply by their circumstance. For instance, if they live in a community such as The Saybrook at Haddam, they walk back and forth to their dining room three times a day, and they walk to activities, to the in-house hair dresser, to meet up with friends, and for many other purposes throughout each day. They always have the option to take stairs instead of the elevator, giving them even more of a

workout. In nice weather, many residents and their guests enjoy walking outdoors.

The Saybrook at Haddam recently added a new gym so residents can really build muscle and tone their bodies. Those who would like to use the gym receive individualized training on each of the different pieces of equipment - which include weight machines, rowing machines, and self-propelled treadmills. The walls of our gym are lined with mirrors so residents can watch their posture and be sure they are using the machines correctly. We placed treadmills facing our large windows that overlook the courtyard so everyone can take in the roses in the summer, the foliage in the fall, and the picturesque snow in the winter (while staying warm inside!). The gym is open all day long, so residents are able to create their own exercise regime into any time of day - in addition to enjoying our daily morning stretch and exercise classes.

Our residents are surprised to find themselves in better shape than they were before moving into our community. They don't realize the level of physical activity they take on each day, but they certainly notice how great they feel. That is why we encourage as much movement and engagement as possible.



Marian Marston uses the rowing machine while Bill Wassell and Harry Archambault make use of weight machines.

Their families, too, are happy to see their loved ones getting exercise and staying active.

Most important to us, we want residents to enjoy their hobbies and interests, do more with their children and grandchildren, and have the best quality of life possible. We know physically fit seniors have a more positive outlook on life, as they are able to be more independent longer. To put it simply, they are having more fun with their lives. And that is our hope for every senior!

*- By Kathy Ryan, Executive Director
The Saybrook at Haddam*

LakeSmart Home Award

The Connecticut Federation of Lakes, Inc. (CFL) and the East Haddam Lakes Association urges homeowners living on or near a lake or pond (the same applies to brooks and rivers) to take the CFL LakeSmart Home Award Pledge. By pledging to follow various lake-friendly stewardship practices, one can receive a handsome CFL sign for display on your property. A few places on Bashan and Hayward already have these plaques. East Haddam continues to be applauded for its care and protection of its beautiful natural resources. Contact the CFL (ctlakes.org) for details.

CFL LakeSmart Home Award Pledge

We, lake watershed and shoreline residents, do or pledge to follow these best lake management practices to improve and protect our lake's water quality and safety, esthetics, recreational desirability and property values.

Managing Waste

Do or plan to regularly pump, inspect and upgrade (as needed) the septic systems. Don't or plan to stop using septic tank additives that falsely claim septic benefits. Have or will soon have a code compliant septic system (no more 1950's systems, cesspools or outhouses). Minimize or plan to reduce food debris passing into the septic tanks (garbage disposals are not advised). Prevent or intend to prevent pet waste runoff. Don't or intend not to feed or encourage waterfowl. Do not or plan not to mow grass or blow and rake leaves and yard debris into the water.

Landscaping the Waterfront

Don't use or plan to stop using chemical lawn fertilizers and weed killers recognizing that going "organic" is best. Have or will plant a "barrier" lakeside buffer zone of tall grasses, flowers, shrubs, trees, etc. (The wider the better so that the lawn size is reduced.) Have or will restore a natural shoreline. Have a natural lake bottom or plan no more additions of sand.

Managing Rain Runoff

Have or will create a rain garden(s). Use or will place rain barrels to collect roof gutter runoff. Have or will build a catch basin(s) where indicated which directs its water discharge into absorptive, vegetated areas. Have or plan a pervious driveway. Currently have less than 10% impervious lot coverage or will try to reduce the amount if already over 10%. Have or will

create landscaped swales, water bars, etc. To divert water to planted areas thereby reducing sheet runoff.

Lake Living

Use or plan to use non-phosphate soaps and detergents inside and outside. Conserve or plan to reduce water consumption thereby not flooding the leach field. Regularly do or plan to pick up litter and floating invasive weed fragments. Follow or will obey "no wake" signage. Inform or plan to teach our guests and renters the code of lake friendly living. Have or will consider a conservation easement or an outright gift to the local land trust.

- Bruce Fletcher for the EHLA and CFL

banquet & conference centers - inns - health care
municipal - office - retail - industrial - historical
multi-family - residential - adaptive re-use
sustainable design - master planning



Earth Sheltered House

Fellner Associates Architects

George Fellner, AIA, LEED AP

4 Norwich Rd., East Haddam, CT 06423

860-873-8230

fellnerarchitects@sbcglobal.net

fellnerarchitects.com

Please note our new location in East Haddam Village



Michael J. Quinn, Esq.
Admitted in CT

Polito & Quinn, LLC

www.politoandquinn.com

WRONGFUL DEATH
AUTO ACCIDENTS
MEDICAL MALPRACTICE



Humbert J. Polito, Esq.
Admitted in CT & RI

567 VAUXHALL STREET EXT., WATERFORD, CT / 860-447-3300



**DANCE &
MUSIC
FOR
CHILDREN**

THE ENCHANTED CASTLE

FALL SEMESTER 2011

UNIQUE ENRICHMENT PROGRAMS
FOR CHILDREN AGES 2-9

- STORYBOOK BALLET, TAP
& CREATIVE DANCE
- KINDERMUSIK
- BIRTHDAY PARTIES
- PRINCESS PROGRAMS FEATURING:
DANCE, MUSIC, ART,
RELATED FILM CLIPS AND MORE...

2 NORWICH ROAD, EAST HADDAM
WWW.ENCHANTED-CASTLE.COM
860-754-4304
ENCHANTED-CASTLE@ATT.NET

A GRAND JETE AWAY FROM THE GOODSPEED

East Haddam Garden Club News

GUEST SPEAKER

"Making a Living Wreath from Hardy Succulents in a Fall Theme" will be the topic of a meeting of the EHGC on Wednesday, October 19 at 1:00 p.m. at the East Haddam Senior Center, 15 Great Hillwood Road, Moodus. The speaker will be Jeff Woodward of Woodward Greenhouses, a family-owned wholesale greenhouse business located in Chaplin, CT. They are known for their living wreaths and imaginative topiaries. This event will be open to the public. Refreshments will be served and information about garden club membership will be available. For more information, contact Betty Gross, 860-873-8732.

VISIT US AT THE "COMMUNITY FAIRE AND TAG SALE"!

The EHGC will be participating in the first annual "Community Faire and Tag Sale," sponsored by the East Haddam Business Association, on Saturday, October 22, 9:00 a.m. to 4:00 p.m., at the East Haddam Grange Hall. The club will be offering spring-flowering bulbs for sale, as well as festive dried arrangements created by members. Club members will be present to provide information about membership and to answer gardening questions (or provide ideas for sources that can help).

COMMUNITY PROJECTS

The club hopes residents and members have enjoyed the colorful plantings at the Goodspeed green and Shagbark Triangle, projects created and maintained by club members. In November, watch for festive holiday creations at both locations. Club members also designed and planted the flower beds at Gillette Castle. These are maintained by Castle staff.

Events Magazines...



83,000 readers • 9 towns • every quarter
Your Town Hall Magazines with news and events from your town
delivered FREE to every house and PO Box in town

Call 860-767-9087 today!

When one door closes,
another opens . . .



If your printer has
recently closed its
doors, ours are open.

Call or stop by soon!

Essex Printing
18 Industrial Park Road
Centerbrook, CT 06409
860-767-9087
sxprinting@yahoo.com



Town of East Haddam
7 Main Street, PO Box K
East Haddam, CT 06423

PRSR STD
US Postage
PAID
Permit 155
Deep River, CT

EAST HADDAM POSTAL PATRON



We Star in Loans with Great Rates

At Essex Savings Bank, we offer the loans you need to build a business, purchase or refinance a home, undertake home improvements, buy a car, pay tuition, and make your dreams come true.

In addition to great rates, our lending programs have convenient and flexible features including:

- ★ One-closing fixed rate construction to permanent loans
- ★ Home equity loans with either a fixed or variable interest rate
- ★ Access to home equity credit lines when needed

Talk to us today to see why Essex Savings Bank is known as the "Loan Star." Take advantage of our great rates and attractive features combined with personal service and knowledgeable loan officers.

Consumer Loans

- ★ Mortgage
- ★ Construction
- ★ Home Equity
- ★ Line of Credit
- ★ Collateral
- ★ Automobile
- ★ Personal

Business Loans

- ★ Commercial Mortgage
- ★ Construction
- ★ Commercial Term
- ★ Line of Credit
- ★ SBA



Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238
Madison, 99 Durham Road, 203-318-8611 • Old Saybrook, 155 Main Street, 860-388-3543
Old Lyme, 101 Halls Road, 860-434-1646

Call Toll-Free: 877-377-3922 • www.essexsavings.com

Member FDIC

